

CAPE GOD MELODY

Composers: Adam & Margie Arnot, 17002 131st Ave. Sun City West, AZ 85375  
 Record: MacGregor #5041-B Tel:(602) 584-4074  
 Position: Intro: CP FCG POS Dance: SCP FCG LOD  
 Footwork: Opposite throughout unless otherwise stated. Directions for Man.  
 Sequence: INTRO,A,B,A,B, ENDING

Meas

INTRO

1 - 4 WAIT; WAIT; APART,-,PT,-; TOG(SCP),-,TCH,-;  
 1 - 2 In open fcg pos M fcg wall trailing hands joined wait two measures;  
 3 - 4 Step apart L,-, pt R twd ptr,-; Step tog R to SCP LOD,- tch L to R-;

PART A

1 - 4 (SCP)FWD TWO-STEP; FWD TWO-STEP;(CP WALL) VINE 4; PIVOT,-,2(CP WALL),-;  
 1 - 2 In SCP do two fwd two-steps L,R,L,-; R,L,R-;  
 3 - 4 Blend to CP wall side L, XRIB(WXLIB), side L, XRIF(WXLIF);  
 slow RF pivot,-, 2(CP wall)-;  
 5 - 8 (CP WALL) FULL BOX;; DIP BK,-, REC(SCP),-; HITCH 4;  
 5 - 6 In CP wall side L, close R to L, fwd L,-; side R, close L to R,  
 back on R,-;  
 7 - 8 Dip back to COH on L,-, recover on R(blending to SCP LOD),-;  
 fwd L, close R to L, back L, close R to L;  
 9 -12 (SCP)FWD TWO-STEP; FWD TWO-STEP; CUT,BK,CUT,BK; DIP BK,-,REC(CP WALL),-;  
 9 -10 In SCP do two fwd two-steps L,R,L,-; R,L,R-;  
 11-12 Cut LIFR, bk R, cut LIFR, bk R; dip back to RLOD on L,-, recover  
 on R(blending to CP WALL),-;  
 13-16 (CP WALL) TURN TWO-STEP; TURN TWO-STEP; TWIRL/VINE,-2; WALK,2(BFLY WALL),-;  
 13-14 In CP do 2 RF turning two-steps L,R,L-; R,L,R,(end in momentary BFLY  
 WALL),-;  
 15-16 Retain lead hands M does side L,-XRIB(W does a R fc twirl R,-L)-;  
 walk fwd, R(blend BFLY WALL),-;

PART B

17-20 (BFLY WALL) CHANGE SIDES TWO-STEP; FACE TWO-STEP; VINE/TWIRL,2,3,TCH;  
REV VINE/TWIRL,2,3,TCH;  
 17-18 From BFLY WALL drop trailing hands M does a two-step to wall  
 L,R,L(W does a two-step to COH under M's L hand R,L,R),-; do  
 a two-step R,L,R to fc ptr and COH(W L,R,L) in BFLY,-;  
 19-20 M vines RLOD side L, XRIB, side L, tch R to L(W twirls R fc R,L,R,  
 tch L to R under M's L hand); M vines to LOD side R, XLIB,side R,  
 tch L to R(W twirls L fc L,R,L tch R to L under same joined hands)  
 end in BFLY fcg COH.  
 21-24 (BFLY COH) CHANGE SIDES TWO-STEP; FACE TWO-STEP; VINE/TWIRL,2,3,TCH;  
REV VINE/TWIRL,2,3,TCH;  
 21-22 Repeat measures 17-18 starting from BFLY fcg COH end BFLY fcg wall.  
 23-24 Repeat measures 19-20 end in CP fcg wall.  
 25-28 (CP WALL) SD,CL,SD,CL; SISSORS TO SCAR-; SD,CL,SD,CL; SISSORS TO BJO;  
 25-26 In CP WALL side L, close R, side L, close R; side L, close R,XLIF  
 (W XRIB) end SCAR M fcg RLOD/WALL,-;  
 27-28 Blend CP fcg wall side R, close L, side R,close L;side R,close L,XRIF  
 (W XLIB) end BJO fcg LOD/WALL,-;  
 29-32 (BJO LOD/WALL) FWD,LK,FWD,LK; FWD,-FACE,-; TURN TWO-STEP; TURN TWO-STEP;  
 29-30 In BJO pos fwd L, lock RIB(W lock LIF), fwd L, lock RIB(W lock LIF);  
 fwd L,-; fwd R blending to CP wall and ptr,-;  
 31-32 Repeat measures 13-14 end in SCP fcg LOD.  
 Repeat Part A and B end SCP fcg LOD

ENDING

1 - 4 (SCP)FWD TWO-STEP; FWD TWO-STEP; SD,TCH,SD,TCH; APART,-,PT,-;  
 1 - 2 In SCP do two fwd two-steps L,R,L,-; R,L,R,-;  
 3 - 4 Blend to CP wall side L, tch R to L, side R, tch L to R;  
 Step apart on L,-, pt R to ptr and acknowledge.