

CAPE COD MELODY

Composers: Adam & Margie Arnot, 17002 131st Ave. Sun City West, AZ 85375
Record: MacGregor #9041-B Tel:(602) 584-4074
Position: Intro: OP FCG POS Dance: SCP FCG LOD
Footwork: Opposite throughout unless otherwise stated. Directions for Man.
Sequence: INTRO,A,B,A,B, ENDING

Meas

INTRO

1 - 4 WAIT; WAIT; APART,-,PT,-; TOG(SCP),-,TCH,-;
1 - 2 In open fcg pos M fcg wall trailing hands joined wait two measures;
3 - 4 Step apart L,-, pt R twd ptr,-; Step tog R to SCP LOD,- tch L to R;

PART A

1 - 4 (SCP)FWD TWO-STEP; FWD TWO-STEP;(CP WALL) VINE 4; PIVOT,-,2(CP WALL),-;
1 - 2 In SCP do two fwd two-steps L,R,L,-; R,L,R,-;
3 - 4 Blend to CP wall side L, XRIB(WXLIB), side L, XRIF(WXLIF);
slow RF pivot,-, 2(CP wall)-;
5 - 8 (CP WALL) FULL BOX;; DIP BK,-, REC(SCP),-; HITCH 4;
5 - 6 In CP wall side L, close R to L, fwd L,-; side R, close L to R,
back on R,-;
7 - 8 Dip back to COH on L,-, recover on R(blending to SCP LOD),-;
fwd L, close R to L, back L, close R to L;
9 - 12 (SCP)FWD TWO-STEP; FWD TWO-STEP; CUT,BK,CUT,BK; DIP BK,-,REC(CP WALL),-;
9 - 10 In SCP do two fwd two-steps L,R,L,-; R,L,R,-;
11-12 Cut LIFR, bk R, cut LIFR, bk R; dip back to RLOD on L,-, recover
on R(blending to CP WALL),-;
13-16 (CP WALL) TURN TWO-STEP; TURN TWO-STEP; TWIRL/VINE,-2; WALK,2(BFLY WALL),-;
13-14 In CP do 2 RF turning two-steps L,R,L,-; R,L,R,(end in momentary BFLY
WALL),-;
15-16 Retain lead hands M does side L,-XRIB(W does a R fc twirl R,-L)-;
walk fwd,-R(blend BFLY WALL),-;

PART B

17-20 (BFLY WALL) CHANGE SIDES TWO-STEP; FACE TWO-STEP; VINE/TWIRL,2,3,TCH;
REV VINE/TWIRL,2,3,TCH;
17-18 From BFLY WALL drop trailing hands M does a two-step to wall
L,R,L(W does a two-step to COH under M's L hand R,L,R),-; do
a two-step R,L,R to fc ptr and COH(W L,R,L) in BFLY,-;
19-20 M vines RLOD side L, XRIB, side L, tch R to L(W twirls R fc R,L,R,
tch L to R under M's L hand); M vines to LOD side R, XLIB,side R,
tch L to R(W twirls L fc L,R,L tch R to L under same joined hands)
end in BFLY fcg COH.
21-24 (BFLY COH) CHANGE SIDES TWO-STEP; FACE TWO-STEP; VINE/TWIRL,2,3,TCH;
REV VINE/TWIRL,2,3,TCH;
21-22 Repeat measures 17-18 starting from BFLY fcg COH end BFLY fcg wall.
23-24 Repeat measures 19-20 end in CP fcg wall.
25-28 (CP WALL) SD,CL,SD,CL; SISSORS TO SCAR,-; SD,CL,SD,CL; SISSORS TO BJO;
25-26 In CP WALL side L, close R, side L, close R; side L, close R,XLIF
(W XRIB) end SCAR M fcg RLOL/WALL,-;
27-28 Blend CP fcg wall side R, close L, side R,close L;side R,close L,XRIF
(W XLIB) end BJO fcg LOD/WALL,-;
29-32 (BJO LOD/WALL) FWD,LK,FWD,LK; FWD,-FACE,-; TURN TWO-STEP; TURN TWO-STEP;
29-30 In BJO pos fwd L, lock RIB(W lock LIF), fwd L, lock RIB(W lock LIF);
fwd L,-, fwd R blending to CP wall and ptr,-;
31-32 Repeat measures 13-14 end in SCP fcg LOD.
Repeat Part A and B end SCP fcg LOD

ENDING

1 - 4 (SCP)FWD TWO-STEP; FWD TWO-STEP; SD,TCH,SD,TCH; APART,-,PT,-;
1 - 2 In SCP do two fwd two-steps L,R,L,-; R,L,R,-;
3 - 4 Blend to CP wall side L, tch R to L, side R, tch L to R;
Step apart on L,-, pt R to ptr and acknowledge.