

Af en Af

Choreographers: Mike & Michelle Seurer 360 8th Street, Fond du lac, WI 54935

Music: "Af en Af" Kurt Darren, Amazon Download: Album: [Uit Die Diepte Van My Hart](#)

Footwork: Opposite, except as noted

Released: March 2017

Phase/Rhythm: II Two-step

Time: 3:05

Sequence: INTRO AA INTER B AA INTER BC INTER B ENDING

INTRODUCTION

1----4 WAIT;; APT,-,PT,-; TOG,-, TCH,-;
1-2 In BFLY/WALL wait 2 meas;;
3-4 Apt L,-, Pt R,-;Tog,-, Tch to CP/WALL,-;

PART A

1----4 TRAVELING BOX;;;;
1-2 Sd L, cl R, fwd L blending to RSCP/RL0D,-; Fwd R, fwd L,-;
3-4 Sd R, cl L, bk R blending to SCP/LOD,-; Fwd L, fwd R,-;
5---8 FWD LOCK FWD; FWD LOCK FWD; STRUT 4;;
5-6 Fwd L, Lk Rib of L, fwd L,-; Fwd R, lk Lib of R, fwd R,-;
7-8 Fwd L,-,R,-; Fwd L,-,R,-;

INTERLUDE

1----4 CIRCLE AWAY TWO TWO-STEPS;; STRUT TOG 4;;
1-2 Circ twd COH Fwd L, cl R, fwd L,-; Fwd R, cl R, fwd L trng LF twd
ptr & WALL,-;
3-4 Twd ptr & WALL Fwd L,-,R,-; Fwd L,-,R to BFLY/WALL,-;

PART B

1----4 VINE 3; WRAP; UNWRAP; CHANGE SIDES;
1-2 Sd L, XRib, sd L, tch R,-; sd R,XLib,sd R, tch L,-; (W trn LF L,R,L,tch R)
R) keep both hands jnd ld hnds over W's hd & M's R & W's L at
waist level,-;
3-4 Release ld hnds M sip L,R,L, tch R (W unwrap RF to arms length R,L,R,
tch L,-; Fwd R,L,R trn RF to BFLY/COH(W fwd L,R,L undr raised
M's R & W's L arms trng LF to BFLY/WALL),-;
5---8 VINE 3; WRAP; UNWRAP; CHANGE SIDES;
5-6 Sd L, XRib, sd L, tch R,-; sd R,XLib,sd R, tch L,-; (W trn LF L,R,L,tch R)
keep both hands jnd ld hnds over W's hd & M's R & W's L at waist level,-;
7-8 Release ld hnds M sip L,R,L, tch R (W unwrap RF to arms length R,L,R,
tch L,-; Fwd R,L,R trn RF to BFLY/WALL(W fwd L,R,L undr raised M's
R & W's L arms trng LF to BFLY/COH),-;
9----12 FACE TO FACE; BACK TO BACK;FACE TO FACE; BACK TO BACK;
9-10 Sd L,cl R, sd L trng 1/2 LF (W RF),-; Cont trn sd R, cl L,sd R trng RF
to BFLY/WALL,-;
11-12 Sd L, cl R, sd L trng 1/2 LF (W RF),-; Cont trn sd R, cl L, sd R trng
RF to BFLY/WALL

13----16 BASKETBALL TURN;; SIDE DRAW CLOSE; SIDE DRAW CLOSE;
3-4 Lunge sd L twd LOD,-, rec R trng RF (W LF) to LOP/RLOD,-; Lunge
sd L, twd RLOD,-, rec R trng RF to BFLY/WALL,-;
15-16 Sd L, draw R to L, cl R,-; Sd L, draw R to L, cl R,-;

PART C

1----4 LACE ACROSS;; HITCH 6;;
1-2 Fwd L, cl R, fwd L (As W prog undr jnd ld hands R,L,R),-; fwd R, cl L,
fwd R,-;

3-4 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;
5----8 LACE BACK; HITCH 4; WALK AND FACE;
5-6 Chng hands Fwd L,cl R,fwd L(As W prog undr M's R & W's L R,L,R)
Fwd R,cl L,fwd R,-;

7-8 Fwd L, cl R, bk L, cl R; Fwd L,-, R to CP/WALL,-;

9----12 LEFT TURNING BOX;;;;
9-10 Sd L, cl R, fwd L trng ¼ LF,-;Sd R, cl L, bk R trng ¼ LF,-;
11-12 Sd L, cl R, fwd L trng ¼ LF,-; Sd R, cl L, bk R trng ¼ LF,-;

13----16 BACK HITCH 3; SCIS THRU; LIMP 4; WALK TWO;
13-14 Bk L, cl R, fwd L,-; Sd R, cl L, XRif of L to BFLY/WALL,-;
15-16 Sd L, XRib of L, sd L, XRib of L,-; Fwd R,-, L to fc no hands,-;

ENDING

1----4 TWO SIDE CLOSES; SIDE & THRU; TWIRL VINE 2; APT PT;

1-2 Sd L, cl R, sd L,cl R,-; Sd L,-, XRif of L to BFLY,-;
3-4 Sd L, XRib (W twirls RF under jnd ld hnds R,L),-; Apt L,-, pt R,-;